



Annual Report 2016/17



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DIRECTOR'S INTRODUCTION

Time flies when you're having fun and working hard and here we are again after a great productive year in RADE, with another Annual Report. I want to thank all our staff, volunteers, participants and Board for all their support through the year.

RADE will remember this past work year with profound sadness at the loss of participant Andrew Talbot RIP, who had so much talent and promise and Eoghan O'Neill RIP, who had been the big, beating heart of our project over the past 12 years.

Averyl Swords, RADE's Rehab & Training Officer has moved on from RADE and we wish her the very best in her new post with De Paul Ireland and thank her for her support towards developing RADE and the programmes values. Monika Rampal has hit the ground running, having stepped in to Averyl's shoes and taken over the Training & Rehab mantle. We are also delighted to have been joined by our new Supervisors, Chantelle Maritz and Andre Lyder and I'm happy to report that we are back firing on all cylinders, with new and enthusiastic energy. I want to take this opportunity to highly commend the new staff for their commitment and hard work since joining us.

Once again we are happy to report that the project participants have delivered some fantastic art work over the year. According to our audiences, from the two screenings in IFI, our latest film has surpassed the high quality of previous productions. With John Devoy at the helm of the art classes, participants mounted an excellent art exhibition in DCC Civic Buildings and Paddy Lynch's classes have delivered our new comic publication "Drawn from Memory."

We are now looking towards an exciting new year, new film, new book, new art exhibition and a new venture with spoken word/rapper/poet John Cummins, who will produce our second music CD. Rodney Lee has been awarded an "Artist in the Community" grant from CREATE to devise a second film with RADE. Next year's Art exhibition will commemorate our friend Eoghan O'Neill RIP and we will invite submissions from previous RADERS that have worked with Eoghan over the years.

RADE has accumulated a very impressive body of paintings and sculpture, which we have been pleased to share with other services throughout the city. We have continued rotating this art work, to projects in Rialto, Merchants Quay, Anna Liffey and Coolmine. The exhibiting of the art from RADE's back catalogue is a powerful demonstration of RADE's vision that creativity is open to everyone and it clearly illustrates the potential for people with drug problems make positive contributions to the community.

Michael Egan

Programme Director



**Rade would like
to acknowledge
the loss of our
the Visual Arts
Director
Eoghan O'Neill
and participant
Andrew Talbot**





SECTION 1—VISION, MISSION AND STRUCTURE

- Vision:** Creativity is open to everyone
- Mission:** RADE engages recovering drug users with the arts and therapeutic supports and provides a platform for their artistic expression.

An alternative to drug use

Our purpose is to help to improve drug users' quality of life and address their sense of isolation and boredom through the use of cultural activities that are plausible and attainable. We believe that what is missing in the lives of many users is the belief that they have a capacity to contribute to society.

Methods

RADE works with people at all stages of drug recovery. This ranges from those who are still active users of street drugs, to people who are on methadone medication only, to people with alcohol problems and people who have become drug/alcohol-free.

RADE works with the individual's inherent creativity and uses it as a resource to promote positive change.

The teamwork and interdependent nature of public productions competes with the passive stimulation experienced by drug-taking and helps to promote self-education, confidence and self-esteem. This helps to ensure a whole range of learning and gained experience that comes with the territory, whether it be development of literacy skills through playwriting/reading or technical skills achieved through realising productions in theatre, film and art.

The focus towards the showcasing of the art product each year not only gives a meaningful motivation to participants but also helps to change societal perception of drug users.

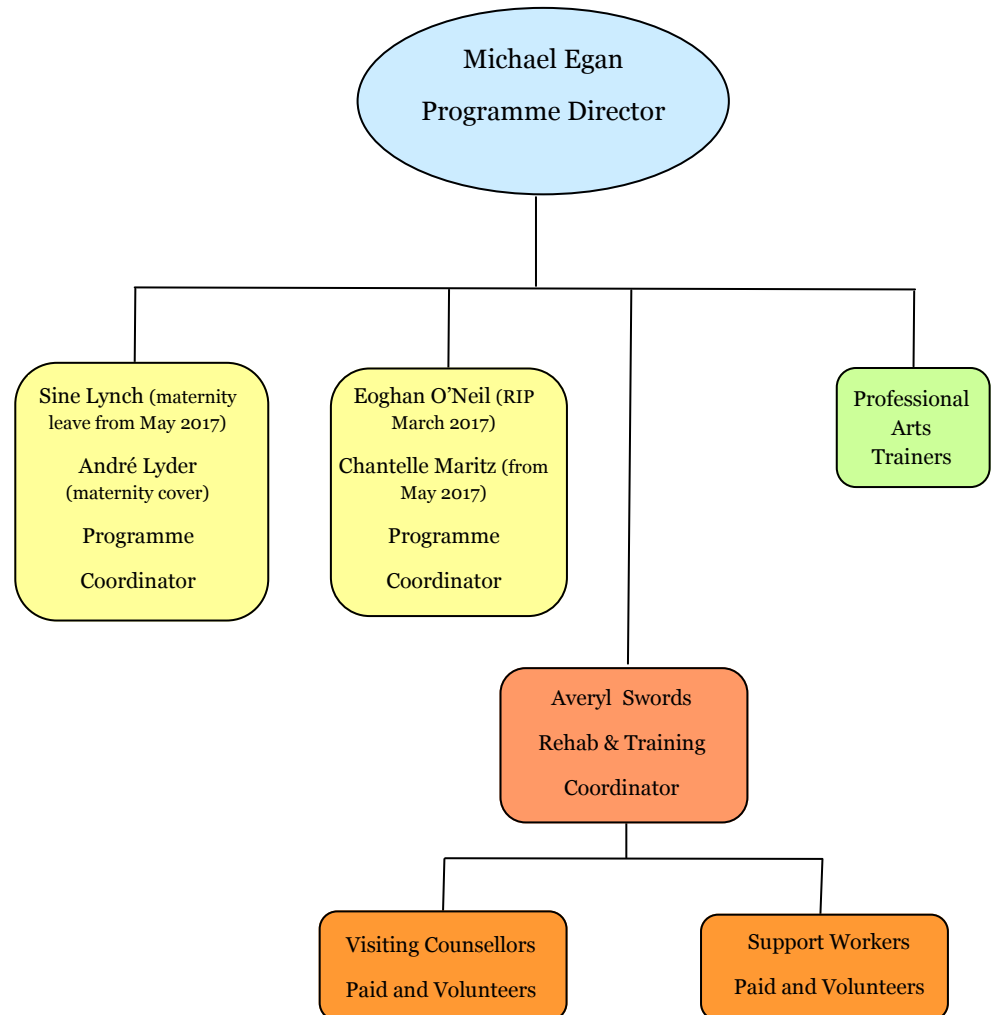
Our method of working allows participants to experience essential elements of employment, including teamwork, deadlines, time-keeping and personal responsibility.

***RADE
empowers
people to
explore
“positive
aspects” of
themselves to
defeat the
“negative”***

***President of
Ireland
Michael D.
Higgins
- Irish Examiner
April 2016***



RADE ORGANISATIONAL CHART



RADE BOARD STRUCTURE

Dominique Cleary Board Member	Eoin Ryan Chairperson	Carmel Furlong Board Member
Jennifer Coppinger Board Member Resigned Feb. 2017	Fedelma Martin Secretary	Tony Geoghegan Treasurer
Theo Dorgan Board Member	Colm Ó Cléirigh Board Member	Anna Quigley Board Member

SECTION 2-PARTICIPANTS AND THERAPEUTIC SUPPORTS

Rehab Programme

RADE's Rehab programme comprised of Michael Egan (Programme Director), Averyl Swords (Rehab and Training Co-ordinator), Lucy Cullen (Support Worker), Owen Gleeson (Support Worker), Monika Rampal (Support Worker) and John Gavin (Support Worker). Support Workers managed a caseload of programme participants whom they key-worked providing advocacy, one to one support in areas of housing, health, addiction awareness and information and advice with emotional and financial issues. Support workers also assisted programme participants in the identification of training courses and work experience placements and aimed to provide each participant with a CV prior to leaving the programme. RADE also had a dedicated team of psychotherapists who provided in-house counselling to programme participants.

Relapse Prevention Workshops

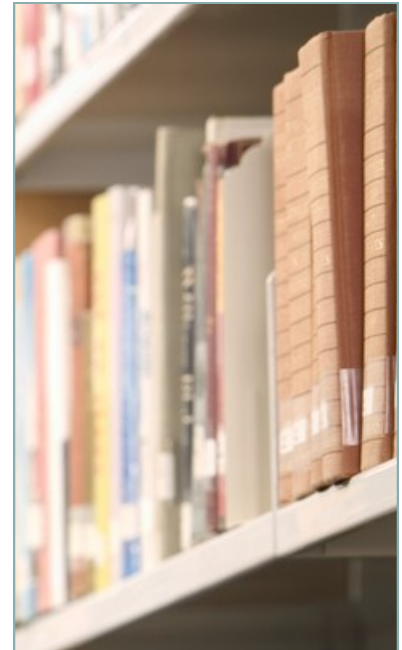
Relapse Prevention workshops provided a space during the week for participants as a group to explore issues around addiction. The sessions are based on the principles of Cognitive Behavioural Therapy. They work from the belief that people can unlearn old behaviours through focusing on how and what they think. Participants are required to complete drug diaries as part of the course and to identify realistic and positive alternatives to drug using. Sessions are solution focused and generate a lot of support between group members. This group took place every Thursday in RADE.

RADE utilise elements of the 'Reduce the Use' programme. Often workshops include information sessions on treatment options/nutrition and external agency presentations.

Afternoon Programme

RADE was delighted to announce the introduction of a new afternoon programme. The aim of this programme was to provide an opportunity for participants to:

- make a connection to the creative arts by participating in art and/or drama workshops
- have their art/drama work showcased in an exhibition/theatre production
- have the support of other stable participants in a group setting
- participate in a peer support workshop with discussions on what it means to be street drug free
- receive career guidance support in a group setting



“RADE improves participant’s quality of life and addresses their sense of isolation and boredom through the use of cultural activities and makes each participant believe that they have the capacity to contribute to society.”

*Lord Mayor of Dublin
Críona Ní Dhálaigh*

SECTION 2-PARTICIPANTS AND THERAPEUTIC SUPPORTS CONTINUED

Eligibility Criteria

Stable on methadone and/or other prescribed medication. No street drug use. All those interested will be required to be on at least one takeaway if they are linked in with a methadone programme.

Timetable

- Monday: Art
- Tuesday: Drama
- Wednesday: Peer support/housekeeping meeting
- Time: 2.30pm–4pm
- Location: RADE, OLV Building, Cathedral View Court, Off New Street, Dublin 8

Annual Statistics 2016-2017

RADE can accommodate 21 participants. 3 Support workers and 18 participants all on a CE Scheme funded by The Department of Social Protection.

Over the period 2016-2017 30 individuals engaged with the RADE programme as participants and the statistics below are based on this number:

Average Gender breakdown: Male 16 : Female 2

Age Profile: Median age of programme participants is mid thirties

Referrals into RADE: 82 referrals - a decrease on last year of 32%

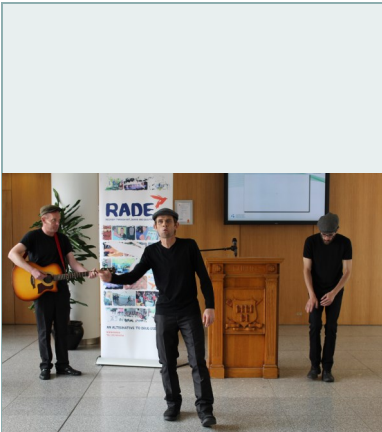
External training

Every year RADE encourages participants to take up accredited training in a diverse range of courses. A large portion of the work undertaken by RADE and the Rehab team is to encourage participants to enrol in accredited training external to what is provided in RADE. This training takes place in various training colleges around the city and/or within the RADE premises in a group format. Training is identified on a one to one basis with the participant's keyworkers based on interests and previous training and experience they may have acquired. External training facilitates participants' entry into a formal learning environment they may not have had experience of in a long time.

The stats for 2016-2017 show that participants engaged in external accredited training in the following:

Participants sat tests for D licence, Home Repair and Maintenance-Level 4, Gardening Skills-Level 4, Arc Welding course, Floor and Wall tiling-Level 3, Train the Trainer-Level 6, Advanced facilitation-Level 6, Fashion Buying and Merchandising-Level 5, Costume Design and Make-up-Levels 5 and 6

Other courses included: Performance courses with the Gaiety School of Acting



Agencies referring into RADE for period 2016-2017

Self-referrals 39

Prison services (including Probation) 5

Housing supports (primarily hostels) 11

HSE (to include social work dept./addiction/outreach services) 5

IBCAT 1

Bridge Project 2

MQI 1

Coolmine 2

UISCE 1

Focus Ireland 5

Casadh 2

SEETEC 2

Cuan Mhuire 1

Care After Prison 1

ARC 1

Ana Liffey 1

Sankalpa 1

Community Lynks Project 1

Employment Experience

Work experience- Visual Arts facilitator-Life-ring- 1 participant

Employment- 3 Support Workers moved into fulltime positions with Salvation Army, youth work in the UK and Dublin Simon.

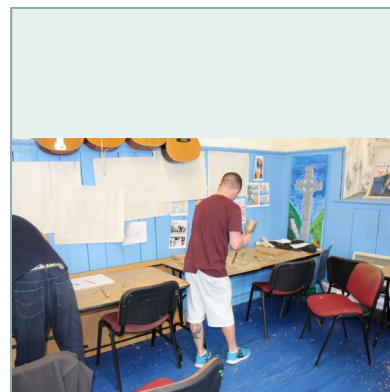
Employment gained as a hotel kitchen porter- 1 participant

15 participants finished with the RADE programme over the course of 2016-2017. The Rehab team made referrals where possible to the following agencies for further support:

Simon Community 2, MQI-Francis Farm 1, Casadh 1, Mental Health Services 1

Tusla 1, HSE Aftercare 1, Ath Linn 1, Station House 1

Probation services 1, GP 1, Training and employment 2



SECTION 2-PARTICIPANTS AND THERAPEUTIC SUPPORTS CONTINUED

Drug use

Drug trends change and this can be reflected in the drug profile of participants engaging in the programme. For the period 2016-2017 RADE participants presented with the following drug using profiles:

Methadone 53.6%

Tablets- benzos/sleeping tablets 39.3%

Opiates 11%

Alcohol 35.8%

Suboxone 3.5%

Cocaine/Crack 10.8%

There was a significant rise in the number of participants presenting to the Programme with alcohol misuse issues from last year. There was also a rise in the numbers presenting with issues related to cocaine/crack use.

33% of programme participants have reduced their drug use significantly

17.8% of programme participants achieved drug free status. This is an increase on the last year.

Accommodation

21.4% of programme participants acquired and maintained stable accommodation whilst on the RADE programme.

Self esteem/confidence

95% of programme participants felt their self-esteem and confidence improved through engaging with the RADE programme. They believe the opportunities to perform, create art, and engage in training and therapeutic supports all assisted in this. Participants believed their communication skills, assertiveness and sense of self-worth has increased allowing for participants to engage better with family and in social situations.

RADE Afternoon Programme

5 participants were involved in this programme over the course of the year engaging in Visual Arts/ drama/chess and peer support workshops.





Case Studies 2017

David

My councillor said, “You’ve been stuck in this rut, let’s give RADE a go.” With reluctance and hesitation I agreed. He said, “Walk up past the beautiful Christ Church Cathedral and when you get to RADE stand across the road and decide if you want to go in.” It was just for an interview but living with anxiety since my teens it wasn’t just a step but a giant leap. I went for it. The interview was pleasant and I left with a start date. With anxiety you’ll know these things are never as bad as you make them.

With smiling faces and introductions I stood in class with sweating palms. I stood in the centre of the room and started this amazing meditation. It didn’t finish there. Mick Egan told me to sit and the group assembled to this beautiful music that led into Tai Chi. I was captivated. I have always found myself to be kinda spiritual and I realised that I had found a new home.

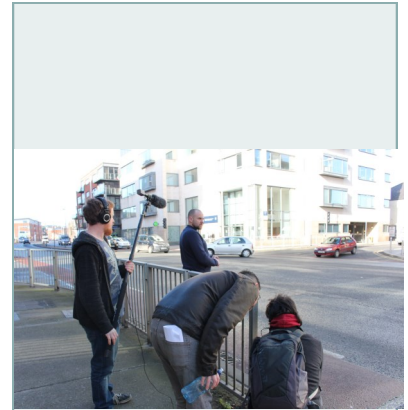
Things got better. The Group had just finished production of the film, “Tony vs Irish Light”, which was brilliant. I even got my dad to come and watch it in the IFI with 250 people. With art and yoga I have left the rut behind because I’m here nearly six months. With great gratitude because they’ve given me my life back.

Thomas

I am now in my 24th week working with RADE and I have to say it has done me the world of good. Everyone here, staff and participants, has made me feel welcome and helped in every way possible. The scheme has helped me in many ways; e.g. structure and being with like-minded people, each at different stages in recovery or stabilisation. Each morning we do Tai-Chi or yoga and it sets you up for the day.

I got a chance to do a home maintenance and safety course after six weeks at RADE in which I got a merit and a certificate. Before I started RADE I was taking a lot of street drugs, now I’m stable on my methadone and feeling good.

In RADE, we do something different every day from art to creative writing and drama and even a course on rap. Personally, I think there is a place at RADE for anybody who wants to try and improve their way of life, in one way or another.



SECTION 3-ARTISTIC ACHIEVEMENTS AND AWARDS

Artistic Achievements and Awards

This year RADE applied and entered for All Ireland Business Awards where we were short listed and selected finalists for the National Charity Award.

Senator Lynn Ruane began our work year with the launch of our second comic book publication ***Drawn from Memory*** in the OLV Building. Paddy Lynch was our class facilitator and editor again this year. We printed 500 full colour copies and we have been distributing the comic throughout the year.

In May Minister Catherine Byrne launched RADE's fantastic film ***Irish Light V's Tony*** in IFI Cinema 2. Invitees were mainly family of participants and other Drug Service providers. Cinema 2 was packed to capacity with 108 people. Due to public demand we had a 2nd screening in cinema 1 attended by 260 service users from around the city. Stuart Carolan spoke at the second screening and told the audience that if he was casting the Love/Hate series tomorrow, he would definitely cast Jody Jones, who had given a sterling performance in the RADE film.

It is fabulously written. Clever, incisive, political, it is on the money... Brilliant. And it works and never descends into silliness. (Peter Sheridan)

Rodney Lee wrote, directed and edited the film. His first film and first time working with a community group. We recruited a professional crew for sound and lighting. The film was mainly shot in the OLV Building where RADE built the sets for the production. To top things off we were very privileged to have music composer and member of Aosdana Trevor Knight on board to write an original sound track for the film. The film was shot over five days and has been entered into several festivals Manchester; London, Dublin, Leeds, Foyle, Sundance and UK Film Festival.

Rodney Lee has since received an Artist in the Community Award from CREATE to work on devising a new film. We are thrilled that the wonderful crew of Tomás and Gary will be back to manage the cinematography and sound again for next year (2018).

The June ***Stoned*** show, 4 new RADE participants made their theatrical debut in The Rotunda Pillar Room, for the Simon Community event attended by over 100 workers and volunteers.

On the 26th June RADE participated with UISCE in the European wide campaign "Support Don't Punish".

RADE's annual Art exhibition ran from 24th July to 14th Aug in DCC Civic buildings. The trainer John Devoy took over from Eoghan O'Neill RIP and delivered an excellent presentation of the programmes art work. The Lord Mayor, Mícheál MacDonncha, spoke at the launch, which was attended by family and friends.

*Irish Light vs. Tony;
all the actors in it are
from the programme.*

*It's a parody and
comical satire on the
government's Irish
Water fiasco, and on
modern-day
bureaucracy, that
endless torture of
form-filling and
departments and
managers, and
overseers, and the
wrong office, and the
wrong building.*

Karl Parkinson





Upcoming events:

RADE participants are currently working on a new comic book to be launched in early 2018. We are delighted to have Elida Maiques working with us on the publication and workshops. Output from writer Karl Parkinson's creative writing classes, with RADE, will also become part of the publication. (Check out Karl's Article in the Dublin Enquirer Magazine, about RADE)

Another first for RADE is rhymers/rapper John Cummins. John will be making a CD with Spoken Word / Raps from participants.

RADE will start working to devise a new film script with Rodney Lee. We have also enlisted Derek Dunleavy (ex RADER and now qualified Drama facilitator) and Adrienne Greenhalgh (film casting director) to help with improvisation, devising and rehearsals. We will begin shooting the film at the end of January 2018.

SECTION 4-PARTNERSHIPS

Rehabilitation Partnerships

Dublin Simon Community, Merchants Quay Ireland, Coolmine Therapeutic Community, Peter McVerry Trust and Anna Liffey Drugs Project

Artistic Partnerships

The Gaiety School of Acting

Professional Artists Partnerships

Rodney Lee- Film Maker

Creative Writer –Karl Parkensin

Drama Facilitator—Derek Dunleavy, Adrianna Greenhalg

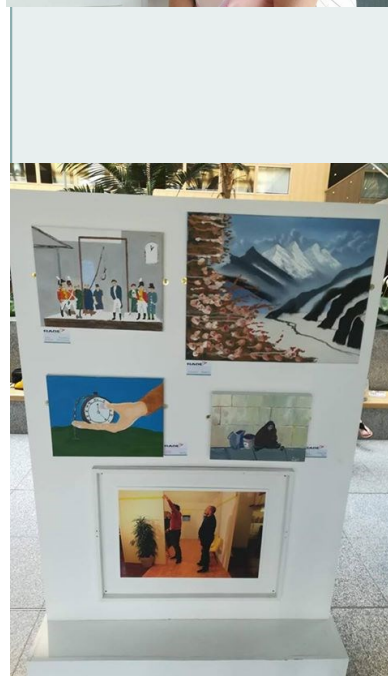
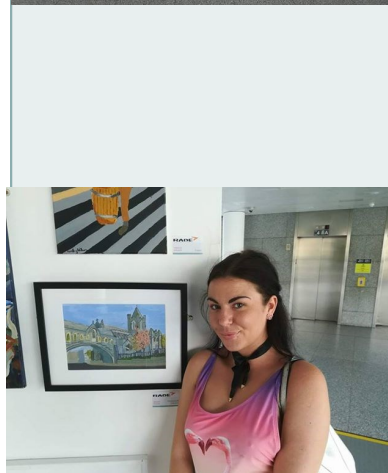
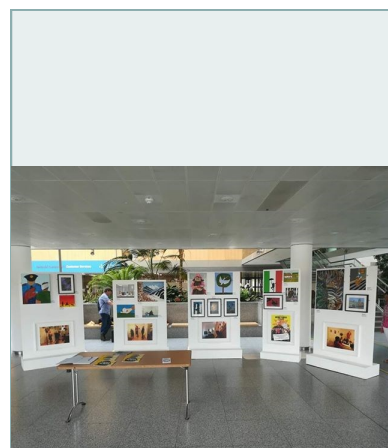
Yoga Instructor – Monika Rampal

Rapper/Poet—John Cummins

Cartoon Artist—Elida Maiques

Funders

Department of Social Protection (DSP), South Inner City Local Drug Task Force, Dublin City Council, The Arts Office (Dublin City Council), St Patrick's Cathedral, HSE and other donations.



SECTION 5 - ANNUAL AUDITED ACCOUNTS

RADE COMPANY LIMITED BY GUARANTEE

INCOME AND EXPENDITURE ACCOUNT PERIOD ENDED 15TH AUGUST 2017

	Note	Period ended 15/08/17 €	Year ended 04/04/16 €
Income		606,682	483,093
Gross income		606,682	483,093
HSE expenses		(123,005)	(82,720)
Administrative expenses		(481,887)	(403,402)
Surplus / (deficit) for the financial year	5	1,790	(3,029)

All the activities of the company are from continuing operations.

The company has no other recognised items of income and expenses other than the results for the period as set out above.

The financial statements were approved by the board of directors on 6th October 2017 and signed on behalf of the board by:


Fedelma Martin
Director


Eoin Ryan
Director

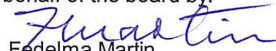
The notes on pages 10 to 16 form part of these financial statements.

RADE COMPANY LIMITED BY GUARANTEE

BALANCE SHEET
15TH AUGUST 2017

	Note	15/08/17 €	€	04/04/16 €	€
Fixed assets					
Tangible assets	7	2,008		2,218	
			2,008		2,218
Current assets					
Debtors	8	28,022		30,071	
Cash at bank and in hand	9	107,351		67,176	
		135,373		97,247	
Creditors: amounts falling due within one year	10	(94,764)		(58,638)	
Net current assets			40,609		38,609
Total assets less current liabilities			42,617		40,827
Net assets			42,617		40,827
Reserves					
Income and Expenditure account			42,617		40,827
Members funds			42,617		40,827

These financial statements were approved by the board of directors on 6th October 2017 and signed on behalf of the board by:


Fedelma Martin
Director

Eoin Ryan
Director



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RADE COMPANY LIMITED BY GUARANTEE

STATEMENT OF CHANGES IN RESERVES
PERIOD ENDED 15TH AUGUST 2017

	Income and Expenditure account €	Total €
At 5th April 2015	43,856	43,856
Surplus / (deficit) for the period	(3,029)	(3,029)
Total comprehensive results for the period	<u>(3,029)</u>	<u>(3,029)</u>
At 4th April 2016	40,827	40,827
Surplus / (deficit) for the period	1,790	1,790
Total comprehensive results for the period	<u>1,790</u>	<u>1,790</u>
At 15th August 2017	<u><u>42,617</u></u>	<u><u>42,617</u></u>

RADE COMPANY LIMITED BY GUARANTEE

STATEMENT OF CASH FLOWS
PERIOD ENDED 15TH AUGUST 2017

		Period ended 15/08/17 €	Year ended 04/04/16 €
Cash flows from operating activities			
Surplus / (deficit) for the financial period		1,790	(3,029)
<i>Adjustments for:</i>			
Depreciation of tangible assets		1,882	3,562
Accrued expenses/(income)		1,441	(16,654)
<i>Changes in:</i>			
Trade and other debtors		608	(818)
Trade and other creditors		39,070	464
Cash generated from operations		44,791	(16,475)
Net cash from/(used in) operating activities		44,791	(16,475)
Cash flows from investing activities			
Purchase of tangible assets		(1,672)	-
Net cash (used in)/from investing activities		(1,672)	-
Net increase/(decrease) in cash and cash equivalents		43,119	(16,475)
Cash and cash equivalents at beginning of period	9	64,232	80,707
Cash and cash equivalents at end of period	9	107,351	64,232

MANY THANKS TO OUR MAIN SPONSORS



An Roinn Coimirce Sóisialaí
Department of Social Protection
Helping you build a better life



SAINT
PATRICK'S
CATHEDRAL
DUBLIN

SOUTH INNER CITY LOCAL DRUGS TASK FORCE